



CAPABILITIES STATEMENT

We're The Experts Companies Trust To Develop Resilient Leaders With A Growth Mindset In A Rapidly Evolving World.

Sheena Eizmendiz, CEO



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CAGE/NCAGE: N9S59**

Our mission is to create more resilient workplaces through strategic development, leadership design, wellness solutions and social impact.

SOLUTIONS

Learning and Development

- Resilient Leadership
- Team Building
- Change Management & Adaptability
- Critical Thinking
- Executive & Team Coaching
- Keynote Speaking

Strategic Planning & Cultural Design

- Psychological Safety
- HR Support
- Cultural Competency Strategic Solutions
- ESG Design
- Assessments & Pulse Surveys

Wellness Solutions

- Wellness Events
- Wellness Consulting & Strategic Planning
- Positive Psychology
- Retiree Wellness Programs
- 12 Month Mini Wellness Series

FOCUS AREAS



Hospitality | Travel
Higher Education
Insurance | Healthcare



Financial Services
Nonprofit | Government
Professional Services

COMPANIES WE SUPPORT





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DIFFERENTIATORS

- 25+ years in Personal & Executive Development
- ICF- PCC & MCC Certified Coaches
- Certified Women Owned Business
- Certified Minority Business Enterprise
- Cultural Competency Certifications
- Keynote Speaking for Summits & Leadership Meetings
- Franklin Covey™ The 6 Critical Practices for Leading a Team
- The 4 Stages of Psychological Safety™ Certification
- Certified Stress Management Trainers
- Converting Challenges Into Opportunities Certification
- Certified Clinical Hypnotherapist
- Global Services: In-Person and Virtual

5 KEY TIMES CLIENTS CALL ON US

- When you have lost high value leaders to your competitors in the last 90 days.
- When leadership and teams are underperforming and experiencing burnout because they lack resilience and change management skills.
- When companies recently laid off 10+ employees, and their teams are anxious, fearing they're next.
- When you need learning and development to reskill and upskill employee capabilities.
- When you need employee wellness solutions to support the mental, physical and emotional wellbeing of your teams.

CASE STUDY

Global Fortune healthcare insurance provider committed to providing exceptional healthcare services.

CHALLENGE:

The hotel's leadership team noticed a 31% drop in employee engagement within a key department, leading to increased turnover, lower morale, and a decline in service quality.

SOLUTION:

We partnered with the hotel to implement a Change Resilience & Team Building Program designed to rebuild trust, boost engagement, and strengthen collaboration. Worked with department leaders to improve transparency in communication and provide structured support for employees.

RESULTS

After finalizing a series of trainings, company reported 39% improvement in employee turnover, employees committed to their well-being, and reduced stress and anxiety levels.

12,577

2300

59,920 +

Satisfied Clients

Events

Hours of Consulting | Coaching