



CAPABILITIES STATEMENT

We're the Trusted Experts in Developing Resilient Leaders and Aligning Teams to Drive High Performance

Sheena Eizmendiz, CEO



305.747.3000
sheena@thewellbiz.com
thewellbiz.com



NAICS | 541990, 611430, 541612
CAGE/NCAGE: N9S59

Our mission is to create more resilient workplaces through organizational development, leadership design and wellness solutions.

SOLUTIONS

Organizational Development

- Resilient Leadership
- Team Alignment
- Change Management & Adaptability
- Critical Thinking
- Executive & Team Coaching
- Keynote Speaking

Strategic Planning & Cultural Design

- Psychological Safety
- HR Fractional Support
- Cultural Competency
- CSR Design
- Assessments & Pulse Surveys

Wellness Solutions

- Wellness Events
- Wellness Consulting & Strategic Planning
- Positive Psychology
- Retiree Wellness Programs
- 12 Month Mini Wellness Series

FOCUS AREAS



Hospitality | Travel
Construction
Technology



Financial Services
Insurance | Healthcare
Professional Services

COMPANIES WE SUPPORT





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DIFFERENTIATORS

- 25+ years in Personal & Executive Development
- ICF- PCC & MCC Certified Coaches
- Certified Women Owned Business
- Certified Minority Business Enterprise
- Cultural Competency Certifications
- Keynote Speaking for Summits & Leadership Meetings
- Franklin Covey™ The 6 Critical Practices for Leading a Team
- The 4 Stages of Psychological Safety™ Certification
- Certified Stress Management Trainers
- Converting Challenges Into Opportunities Certification
- Certified Clinical Hypnotherapist
- Global Services: In-Person and Virtual

5 KEY TIMES CLIENTS CALL ON US

- When you have lost high value leaders to your competitors in the last 90 days.
- When leadership and teams are underperforming and experiencing burnout because they lack resilience and change management skills.
- When companies recently laid off 10+ employees, and their teams are anxious, fearing they're next.
- When you need learning and development to reskill and upskill employee capabilities.
- When you need employee wellness solutions to support the mental, physical and emotional wellbeing of your teams.

CASE STUDY

Global hotel chain committed to providing exceptional customer service.

CHALLENGE:

The hotel's leadership team noticed a 31% drop in employee engagement within a key department, leading to increased turnover, lower morale, and a decline in service quality.

SOLUTION:

We partnered with the hotel to implement a Change Resilience & Team Alignment Program designed to rebuild trust, boost engagement, and strengthen collaboration. Worked with department leaders to improve transparency in communication and provide structured support for employees.

RESULTS

After finalizing a series of trainings, company reported 39% improvement in employee turnover, employees committed to their well-being, and reduced stress and anxiety levels.

30K +

Satisfied Clients

2300

Events

59,920 +

Hours of Consulting | Coaching